



5 beauty secrets revealed

BEAUTY SECRET NUMBER 1:

Protect your hair, as well as your skin, from the sun. Use sunscreen on your scalp at the part. Lip balm with sunscreen will work.

BEAUTY SECRET NUMBER 2:

Don't try to style soaking wet hair; get it 80% dry first.

BEAUTY SECRET NUMBER 3:

To prevent wrinkles and sagging, always apply creams with firm upward strokes. Don't forget to protect your neck too; it's the first part to show signs of aging and yet it's the most neglected.

BEAUTY SECRET NUMBER 4:

Eyebrows look best when filled with a soft pencil or powder. Go to a professional for your first eyebrow shaping. It's best to work in bright, natural light when tweezing.

BEAUTY SECRET NUMBER 5:

The best margin for hair is a good cut. More technologically advanced hair cuts last longer, up to eight weeks depending on the length. You'll look like you stepped out of a salon every day.

